

### DURATION, DAY, DATE AND TIME OF THE COURSE:

34 weeks starting on Wednesday 12 September 2024, 18:00 - 21:00 plus additional Saturday workshops with times and dates to be confirmed at induction.

### VENUE:

East Surrey College, Gatton Point, London Road, Redhill, RH1 2JX.

### ENTRY REQUIREMENTS:

- Counselling Level 2
- 4 GCSE qualifications at grades A\*-C or 9-4, including English Language
- Learners on this qualification should have access to adequate IT facilities.
- Interviewer must be satisfied with the applicant's suitability to undertake this Level 3 qualification.

### WHAT QUALIFICATIONS WILL I GET?

Level 3 Certificate in Counselling Skills.

### COURSE DESCRIPTION:

The Level 3 Certificate in Counselling aims to improve performance of those who use counselling skills. You will be provided with opportunities to develop a range of counselling skills and skills in self-awareness. You will develop a repertoire of counselling skills at a consistent level which will be underpinned with an understanding of one major therapeutic model, whilst increasing awareness of self and the impact on others. You will be encouraged to take active responsibility for your own learning to establish principles and good practice from a shared analysis with fellow learners and staff exploring own personal experiences – course related and elsewhere. The course has a strong focus on experiential learning. All learners are required to engage with offering authentic appreciation of own experiences which will be demanding of the self in interacting with others.

The course seeks to recreate real-world scenarios to allow you to further develop skills acquired at level 2. You will be required to allow additional study time on top of the guided learning hours of 145 hours (GLH) outlined below. GLH is part of the total qualification time of 180 hours (TQT). TQT includes Guided Learning Hours (GLH) which involves your commitment to engage in preparation, studying or any other form of participation in education or training that is not under the direct supervision of a lecturer, supervisor or tutor (regarded as independent study time). You will need to evidence commitment to developing a disciplined approach to study at this level to further develop skills acquired at level 2. Overall attendance is 90% pass rate. All assignments must achieve a pass in order to gain a Level 3 Certificate in Counselling Skills (referred assignments can only be resubmitted once).

### UNITS/TOPICS COVERED:

- Unit 1 – Understanding the context for the use of Counselling Skills (Written Assignment) - 25 GLH
- Unit 2 – Understanding Counselling Theory (Written Assignment) - 30 GLH
- Unit 3 – Using Counselling Skills (Recording and Written Assignment) - 60 GLH
- Unit 4 – Personal Development for Users of Counselling Skills (Written Assignment) - 30 GLH

### TYPE OF ASSESSMENT:

Internal assessment, internal and external moderation. Specific requirements and restrictions may apply to individual units within qualifications. All assessed grades are not final and will be subject to both internal and external moderation.

**EQUIPMENT NEEDED:**

- Pens, highlighters
- Notepad
- Green Folder with 10-part divider

**WHERE CAN IT LEAD?**

Successful completion of this course may permit progression onto the Level 4 Diploma in Therapeutic Counselling. The level 3 qualification does not result in qualification as a qualified trained counsellor and learners cannot use the title 'counsellor' upon completion. A further course of study is required to embark upon achieving this qualification.

**COURSE FEE:**

£1,268 Standard Fee / £1,375 Full Fee

If you are 19+ on 31 August 2024 and studying a Level 3, 4, 5 or 6 qualification, an Advanced Learner Loan may be available for this course. Please call Client Services on 01737 788444 for details or visit [www.gov.uk/advanced-learner-loan](http://www.gov.uk/advanced-learner-loan) for more information on how to apply.

If you are 19+ on 31 August 2024 and meet the ESFA (Education & Skills Funding Agency) residency criteria, the standard fee will apply unless you qualify for free tuition.

The full fee will apply if you are aged 19+ on 31 August 2024 and you do not meet the ESFA residency criteria or if there is no Government funding for this qualification.

Contact Client Services for advice and guidance on funding and eligibility. Please be aware that there may be additional costs for materials.

**WHAT TO DO NEXT:**

If you have any outstanding queries please contact our Client Services team on 01737 788444 or at [clientservices@esc.ac.uk](mailto:clientservices@esc.ac.uk).

To apply online for this course please visit [www.esc.ac.uk](http://www.esc.ac.uk).

**Disclaimer:**

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 01737 788444.

